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THANK YOU TO EVERYONE WHO PARTICIPATED IN THE BLOOD DRIVE!
WE COLLECTED A TOTAL OF 33 PINTS AND REACHED 132% OF OUR GOAL!

Check out what’s going on every weekend at WVUp All Night.
http://mountainlair.wvu.edu/wvupallnight

Center for Civic Engagement Presents:
2010 Week of Engagement

Monday, April 19
Kick-Off Event – 11:00-2:00 p.m.- Front of Mountainlair
Community Partner Fair – 11:00-2:00 p.m.- Lair Commons Area

Tuesday, April 20
American Red Cross Blood Drive – 1:00-7:00 p.m.- Stalnaker Hall

Thursday, April 22
Get Engaged Booth – 10:00-2:00 p.m.- Lair Commons Area

Friday, April 23
Engage-a-Palooza – 12:00 to 4:00- Mountainlair Rear Plaza

Registrar’s Office is working to improve the registration experience for students. As of March you will NOT need a PIN number from your advisor to schedule.

Also, if you need to get signed into a class this can be done over MIX. Your assigned advisor can administer your permit electronically rather than getting a written signature and handing it into the Registrar’s Office.
**Outdoor Rec Center Trips**

**April 10 – Whitewater Day Trip.** Learn the basics of inflatable kayaking or rafting and experience one of these great local rivers. Cheat Narrows or the Dry Fork are class III rivers. Cost $40.

**April 11 – Whitewater Rafting Day Trip.** Experience rafting the Class IV Cheat Canyon. This is a beautiful and exciting local whitewater gem. Cost $55.

**April 17 – Whitewater Day Trip.** Cost $40.

**April 18 – Whitewater Day Trip.** Cost $40.

**April 24-25 – Backpack Dolly Sods.** This Wilderness area includes sweeping high mountain views, waterfalls and majestic forests.

**April 24 -Climbing Day Trip.** If you have never climbed and want to try, this is your chance. Learn some knots, basic gear and techniques at the local crag. Cost $15.

**April 25 – Whitewater Day Trip.** Cost $40.

For more information go to: [http://studentreccenter.wvu.edu/outdoor_rec_center/](http://studentreccenter.wvu.edu/outdoor_rec_center/)

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**Wellness Texas Hold-Em Tournament**

**Date:** Wednesday, April 7, 2010  
**Time:** 7:00 PM  
**Location:** Rec Center

Fifty-six participants will compete in a one-night tournament, with the top 3 finishers receiving wellness related prizes, i-pods, workout gear, and massages.

There is NO ENTRY FEE

Registration is between March 8 and April 6.  
Print out a registration form at: [http://studentreccenter.wvu.edu/special_events_spring](http://studentreccenter.wvu.edu/special_events_spring)

Form must be returned to the front desk. Participants will be registered on a first come, first serve basis.

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**5 Reasons Why You Should Get a College Degree**

Provided by: [http://collegelife.about.com](http://collegelife.about.com)

1. **You’ll make more money.** Figures range from several hundred thousand to a million dollars or more over your lifetime.

2. **You’ll have a lifetime of increased opportunities.** More job openings, more chances at promotions, and more flexibility with which jobs you take.

3. **You’ll be more empowered as an agent in your own life.** You’ll be better educated about the things that have an impact on your day-to-day existence: knowing how to read a lease, having an understanding of how the markets will influence your retirement accounts, and handling the finances of your family.

4. **You’ll be better able to weather adversity.** From having more money available (see #1 in this list!) in a savings account to having marketable skills and an education during an economic downturn, having a degree can come in handy when life throws you a curve.

5. **You’ll always be marketable.** Having a college degree is becoming increasingly important in the job market.
**SIMPLE CAR CARE TIPS**

**LIGHTEN UP YOUR KEY CHAIN**
Does your car key share a chain with a dozen or more other keys? That’s a pretty heavy load hanging off the car key when it’s in the ignition. The weight, combined with bouncing while you drive, can wear out the tumblers inside the ignition and eventually lead to ignition switch failure.

**HAVE ALL FLUIDS CHECKED**
Always check you brake, power steering, transmission/transaxle, windshield washer solvent and antifreeze. These fluids play a large role in the safety and performance of the vehicle.

**KEEP AN AUTO LOG**
Keep a pad and pencil in the glove compartment and use them to record everything you have done to your car. For example keep track of your, oil changes, tire rotation, new breaks, etc.

**HAVE WHEEL ALIGNMENT CHECKED**
Have your car’s wheel alignment checked as recommended in your owner’s manual. Improper tire alignment will shorten the life of your tires as well as cause poor handling. If your steering is stiffer than normal or the vehicle pulls to one side, you probably have an alignment problem.

**CHECK TIRE INFLATION**
Under-inflated tires can result in a loss of fuel efficiency. This is the least expensive form of preventive and safety maintenance. Tires should be checked once a month.

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**LEARN HOW TO FIND A JOB AND NETWORK**

Date: Wednesday, April 7, 2010  
Time: 4:00-5:00  
Location: Career Services Center

**CHECK OUT WHAT’S PLAYING AT GLUCK THEATRE**

http://mountainlair.wvu.edu/wvupallnight/movies  
All movies are FREE, no ticket is required.

**Moving?**
If you are moving always make sure you update your mailing address in STAR otherwise you will NOT receive any mail from WVU.  
Go to: star.wvu.edu  
Then click on: Personal Information  
Update Mailing Address

Here are some pictures of our new commuter lounge located at Mountain-ee Station.  
The lounge is equipped with several couches, chairs, tables, and lockers.  
The most popular feature is the new flat screen television with cable!